

HOW TO

Hit More Fairways

Holding the club in this hand aims you straight every time



THIS STORY IS FOR YOU IF...

- Your swing feels solid, but you often miss the fairway by 15 yards
- You not only miss the target with your driver, but with your putter, too

Check This!

NEXT TIME you watch the Tour on TV, notice how the players prepare for their shots. As they approach the ball, they all hold the club in one hand, not two. The reason: Holding the club in one hand naturally squares your body to the target line. You should do this too—but first you need to know which hand to hold it in.

Which Hand Should Hold the Club?

For most of you, holding the club in your right hand will open your shoulders [*photo left*] and holding the club in your left hand will square them [*photo right*]. For others, the reverse is true. To find out which hand is right for you, stand facing a corner of a room. Pick up the club with your left hand and then with your right hand. The visual aid of the corner will make it obvious which hand makes you square (eyes looking directly at the corner).

How to Use It to Aim Straight

Now that the club is in the correct hand, stand behind the ball and pick your intermediate target just in front of the ball along your target line. Keep the club in the same hand and walk toward the ball, with your eyes on the intermediate target. Make sure you square yourself to the target line first before you take your normal two-handed grip. The same principle is also at work in putting, so make sure to hold your putter in one hand while you line up your putts, too. ■

TOP 100 TEACHER

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